



**Susan B. Anthony  
Recovery Center**  
**HELP, HOPE AND HEALING**

## SUSAN B. ANTHONY RECOVERY CENTER

### 2010 ANNUAL REPORT



#### Contact Information

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Annual Report of the Susan B. Anthony Recovery Center can be obtained at [www.susanbanthonycenter.org](http://www.susanbanthonycenter.org) and a hard copy is available upon request by visiting our administrative office. Printing and copying fees may apply.



[www.SusanBAnthonyCenter.org](http://www.SusanBAnthonyCenter.org)

## Message from our CEO



I am very proud to report that since our inception the Susan B Anthony Recovery Center has provided services to **782** mothers and over **1000** children. These children, mostly infants and toddlers, were kept from having to enter or remain in foster care. Most importantly, those little ones now have mothers who are living a life *free* from drugs and alcohol thus providing a brighter future for them...one *free* from abuse and neglect because their mothers loved them enough to get and stay “clean”.

Last fiscal year was a very productive and exciting year, not only witnessing the many families we helped during the year successfully move out into the community, but watching our program grow in capacity and quality. In February 2010 we received a three year CARF Accreditation and an Exemplary Citation for our SURF (Strengthening and Uniting Recovering Families) a program that we run in partnership with ChildNet or local Foster Care Provider. We believe that the process of revising our policies and procedures to meet National Accreditation Standards helped improve our delivery of services to the persons we serve. We also believe that this is not a one time achievement but an on-going process of continuing to evaluate and improve our delivery of services to the at-risk families we serve.

In October 2009, we started a specialized Play Therapy Program (funded by Broward County’s Children’s Services Board) for children ages 2-22. We hired two full-time therapists who specialize in providing therapeutic services for children. They provide individual, family and group counseling for the children. This new program works conjunction with the Developmental Intervention and Parenting services that we provide.

During this year our Registered Nurse was able to set up a collaborative partnership with an Obstetrician and Memorial Hospital to coordinate the care of the pregnant women that we serve at the Center. This partnership allows all of our clients to go to a private doctor’s office for their medical care while ensuring that the women do not receive any medication during or after their pregnancy that would interfere with their recovery. She also continues to provide the oversight of the Medical care for the women and children here at the Center and coordinates with the Psychiatrist and Psychiatric ARNP to ensure that the Persons Served physical and mental health needs are met. Our Wellness programs also continued during this fiscal year despite a decrease in funding from the Blue Foundation during the second year of our grant. These services include mind body approaches such as Acupuncture, Nutrition & Wellness, Reiki energy healing, and morning exercise classes that are designed to assist the women in healing from the traumas they have experienced.

On behalf of the women and children whose lives have been forever changed for the better, I want to **thank all of our supporters** for their generosity and willingness to partner with the Susan B. Anthony Recovery Center to support, strengthen and empower our families to succeed. Without their continued support these families would not be where they are today...together, working toward a brighter future for both the mothers and their children.

Sincerely,

*Marsha L Currant*

Marsha L. Currant, M.S.W.  
Chief Executive Officer



# ANNUAL REPORT

## The Susan B. Anthony Recovery Center *A Safe Place... To Start Again.*

### A Safe Place to Start Again

The Susan B. Anthony Recovery Center, Inc. (SBARC) a 501(c) (3) private non-profit organization, was founded in 1995 by the Junior League of Greater Fort Lauderdale, Florida in response to the critical lack of services for recovering homeless and/or substance addicted women with children.

Nestled in a safe and secure five (5) acre parcel within the Howard C. Forman Health Campus in Pembroke Pines, the new three (3) building facility is home to mothers with children seeking a safe place to start again.



### Keeping the Family Intact

Each year in Florida over 18,000 children are living in out-of-home care due to the inability of their mothers to care for them. ChildNet figures show 2,452 children in out of home care in Broward County at the end of 2009. According to the Child Welfare League of America, substance addiction is the #1 reason why children enter foster care.

Susan B. Anthony Recovery Center is committed in stopping the cycle of substance addiction and family dysfunction and fostering healthy families capable of supporting themselves in the community.

Our program is *unique* as the women and their children receive the services needed to progress to an independent functional lifestyle while living together in our residential program. Keeping the family intact during this time of healing is crucial to the mother/child bonding development and reduces the cost both to the child and to the system of placing the child in out-of-home care.

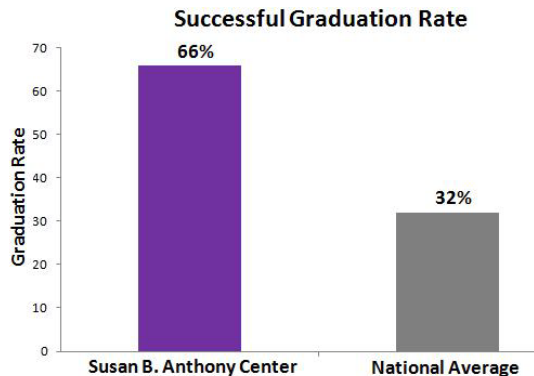
These mothers arrive at the center impaired in their ability to take adequate care of themselves and their children due to the overwhelming stress from the consequences of the disease of addiction



## Proven Success Our Results Have Been Outstanding

The Susan B. Anthony Center's capacity to provide quality services and undertake this program is also demonstrated in its 'success rate' – the number of families who complete our program, remain substance-free and become productive members of our community.

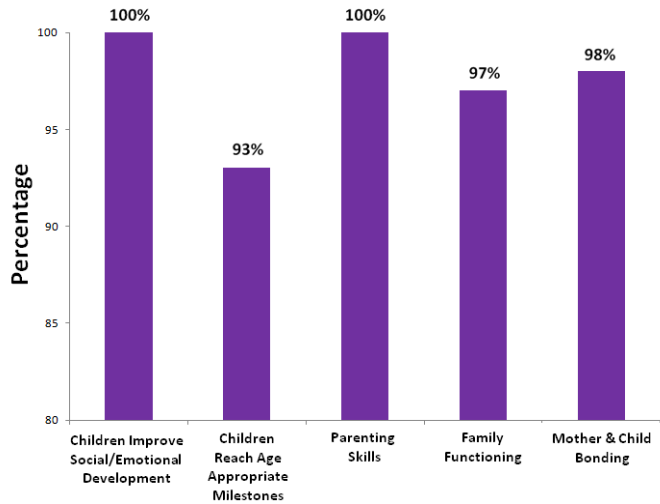
Since our inception, over 782 families (782 women and over 1000 children) have been served by the Susan B. Anthony Center. The success rates for the families we served last fiscal year continue to be among the best in the nation. In FY 2009-2010 our agency served 136 families (48 families remained in the program at the end of the fiscal year). Of the families that completed ninety (90) days or more (71 families), **66% graduated successfully** (47 families). Our success rate during that period is far beyond the 17 – 32% successful completion rate for women entering six to twelve month treatment programs nationally (National Evaluation Data and Technical Assistance Center).



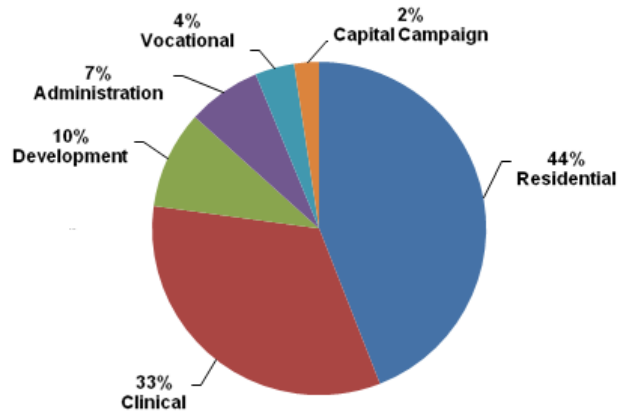
Of the women who successfully completed our residential program, 100% (48 of 48) improved their parenting skills, 97% (37 of 38) improved family functioning and 98% (47 of 48) improved their ability to bond with their child.

Of the children receiving developmental intervention services and mental health counseling, 98% (28 of 30) reached their age appropriate developmental and 100% (31 of 31) improved their emotional and social behaviors.

### 2010 Measurable Outcomes



### 2010 Expenses



### 2010 Expenses

Residential	\$ 1,109,033.00
Clinical	\$ 832,618.00
Development	\$ 239,107.00
Administration	\$ 179,312.00
Vocational	\$ 95,668.00
Capital Campaign	\$ 60,648.00
<b>TOTAL EXPENSES</b>	<b>\$ 2,516,386.00</b>



## Success Stories

There is good news everyday at the Susan B. Anthony Center. From the little unsung miracles to the great achievements of the women and children, each accomplishment gives us the inspiration that keeps us doing what we do each day.

Here are recent success stories of some women after graduating from the Susan B. Anthony Center:



**Tiffany** was just hired as a full time legal assistant in a Law Firm.

**Nadine** is starting an AA/NA group in her neighborhood to reach out to others who are addicted and suffering.

**Moya** is going to school and will graduate as a Medical Assistant.

**Jennifer** is working as a paralegal at a midsized Law Firm.

**Amanda** had her nursing license restored and is seeking a nursing position.

**Angela** a mother of four expresses the delight at being able to participate in her sons school activities; she is building new bridges of trust with her kids and the community.

## Child Care Center Goes for Gold

The Child Care Center at Susan B. Anthony Recovery Center received its Gold Seal Certification for the excellent services it provides to the children residing at the Center and in the Community. Way to go Dr. Siegel.



## What Susan B. Anthony Has Meant to Me

*Susan* was recently married and dedicated her life to building the kind of marriage and sobriety with her partner she always knew would happen.

"Coming to the Susan B. Anthony Center saved my life, and savored my relationship with my children. When I originally entered the program I was resentful to everyone and their objections about my recovery by telling me how to work my recovery in a healthy way, and most of all my parenting skills.

Being here I have learned a lot about myself, and the true reasoning behind my addiction. The groups, the AA/NA meetings, my one on one weekly sessions with my therapist, and the support of all of the women and staff here have really helped me in ways I could never imagine. To name a few, I have learned to develop friendships, living skills, not to suppress my feelings but to express them in a healthy manner, and best of all how to be a mother to my children.

When my children originally got here they were extremely angry towards me, violent towards me and others, and scared of me. With the one on one parenting sessions, additional parenting classes, and the support of the whole community I learned how to be the mother my children always deserved. The relationship I have with my children is unbelievable. I no longer think of my children as a chore, but as a privilege and honor to be their mother. The bond I have with them is so strong and unbreakable, and now I enjoy just being with them.

If it was not for the Susan B. Anthony Center I do not know where I would be in my life, or my children's life. This place has truly given me a life that I could never imagine." *Susan N.*

